

**Duerr's**

A family brand producing jams and marmalades for 131 years

<https://duerrs.co.uk>

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## WHY GRAPEFRUIT IS A GREAT FRUIT!



Grapefruit is not only tasty on its own or in a marmalade, but it has fat burning properties, making it the perfect way to start your day if you are watching your figure!

Read more [here](#).